

**cirque**  
*exalté*



# A M A N T S

By & with  
Sara Desprez  
Angelos Matsakis

Duration : 30'  
Suitable for all  
Intimate places



Cirque Exalté [company] was created in 2010 by Sara Desprez and Angelos Matsakis. For almost 10 years, these two artists have been creating performances with an exhilarated energy, combining circus technique with their claim for feat, sharing and generosity ; borrowing the codes of rock to create a circus anchored in the present, enthusiastic and filled with liberating energies. Meeting with Albin Warette, who turned out to be as enthusiastic as they are about performances with the highest energies was a great stimulus in the artistic launch of the company.

Cirque Exalté performs outdoor, indoor, under circus tent, in France and beyond.

« Complètement Swing ! » (2010 creation)

« Furieuse Tendresse » (2014 creation)

« Coyote » (2018 creation)

« Amants » (2020 creation)

« Foutoir Céleste » (to be released in June 2022)

The company works with Émile Sabord Production for production and tours organisation and with L'Envoleur for administration.

« Art, just like poetry, has nothing to gain from being elitist, it emerges directly from the power of the people, an art from the street and from the road, from dust, from the failures of war, and from birth and barbaric celebrations.»

Patti Smith, Dream of life.





© Leïla Philippe

# THE PERFORMANCE

## AMANTS (LOVERS)

It is very simple. A man and a woman dancing. They love each other, it's very clear, without hesitation, without question. They already have been living happy, living unhappy, living together.

They like to be dumb together, they like to dance together, they like when we watch them dancing together, they like to be crazy together, to be sensual, ugly, frail...together.

She likes to laugh at his worst jokes, he likes to handle her downs and her volcanic enthusiasm. They like to still keep thinking this is for life.

And now, it is just a moment. An instant of celebration, or a party till the end of the night. A moment where they are together, they dance. They spin round and round, till they lose their thoughts.



We want to use of our experience with tango, acrobatic rock'n'roll, lindy-hop, salsa and every night we spent dancing, in order to break the codes of all these dances, in order to get closer to a way of dancing that is our own.

Searching for our own aggressive, sensual, silly, provocative, tender dance couple, cmig right from our heart and soul.

We aim to create and research acrobatic lifts in which we sail through, always in motion, with no preparation, spontaneous, relaxed.

We work on circularity, through a dance movement that draw an interrupted circle, acrobatic lifts spinning round and round, developing spirals going up and down.

We work on repetition, repeating lifts again and again, faster and faster, more and more excited, changing as we go along, getting even more exhilarated, being almost carried away until they collapse.

We aim to push dance to its limits, to the limits of our breaths, until our legs can no longer hold us, until we both collapse laughing our heads off, ready to rise again even though we know we are going to fall over again.





**SARA DESPREZ**  
Author & performer

At the age of 6, while pumping her legs as high as she can on her swing, she threw herself into the air shouting «Look, Mommy!»... Thanks to a quick-thinking passer-by, she had a narrow escape from what could have been her final flight!

Ten years later, Sara Desprez trained at l'Ecole Nationale de Cirque (National circus school) of Châtelleraut and then at the Ecole Supérieure des Arts du Cirque (Higher school of circus arts) in Brussels where she specialized in swinging trapeze. She subsequently joined the Cirque d'Hiver d'Helsinki in Finland for two consecutive creations.

Always eager to learn, Sara trains herself for acrobatic lifts alongside Angelos Matsakis, with whom she also decides to develop her abilities as a creative artist, by giving birth to the company « Cirque Exalté » and its first show «Complètement Swing!». She performs in the touring show «Furieuse Tendresse» and «Amants» in which she is co-author and interpreter.

Sara is also the director of the performances «Coyote» (Cirque Exalté) and «Cruda» (Collectif A Sens Unique).

**ANGELOS MATSAKIS**  
Auteur & Interprète



After having dabbled in table tennis, horse riding, rugby, badminton, ballroom dance, chess, synchronized swimming, Angelos finally discovers the activity for which he is destined: Circus.

After several years at the Circus of Hobbies, during which Angelos is a jack of all trades, he is accepted to l'Ecole Nationale de Cirque de Châtelleraut (ENCC), then continues on to l'Ecole Supérieure des Arts du Cirque de Bruxelles (ESAC), where he specializes in juggling and acrobatics. Soon after he participates in the creation of Cirque d'Hiver d'Helsinki in Finland, in which he works on his acrobatic lifts.

In 2008, along with Sara, he creates the company Cirque Exalté and along with the show «Complètement Swing!». Today they are on tour with their co-directed second production «Furieuse Tendresse» and the performance «Amants».



## JOHANN SWARTVAGHER Artistic help



In 2006, he creates the FAAAC (Formation Alternative et Autogéréé aux Arts du Cirque) and participate in it for two years. Within the FAAAC, he trained himself with Iris, Thierry André, Gaëlle Biselach Roig and Stefan Sing.

Since its creation, Johann organises through the FAAAC many projects and itinerant and self-managed residencies. At the same time, he created «Mars 07» (2007) and the performance «Sans-Titre» (2010) within Collectif Martine à la Plage. Between 2013 and 2015, he directed - among others - the Compagnie Défracto's performance «Flaque», the Compagnie Albatros' shows «Louche Pas Louche» and «deuxième manche» as well as «All the Fun» a Compagnie EaEo's performance. Johann Swartvagher also founded Collectif Protocole and created several shows such as «Protocole», «Monuments» and «Périples» which should be released for 2021.

In 2017, he joins Sara Desprez on the co-direction of the Cirque Exalté' solo «Coyote» and is an artistic help for the duet «Amats».



## ALBIN WARETTE Artistic help

Actor, director, artistic director, and coach to both professionals and amateurs since 1996, he has worked and continues to work in theatre, circus, street theatre, and theatrical improvisation concurrently.

In 1999 Albin discovers the circus while becoming a drama Professor at Lido, Centre des arts du cirque in Toulouse.

He uses his theatrical skills to take on the challenge of developing an interpretation that is inherent to the new circus discipline. Today he is expanding his professional activities by working with other circus schools, in Belgium, Spain, Hungary, Switzerland, and La Reunion where he is an associated artist at Le Séchoir.

Playing on the audacious blend of circus and theatre, he writes and directs shows with different companies: the Prêt à Porter group, Monstre(s) company, the Goldini family, Cirque Exalté, Cirk'Oblique and the Spanish company Jorge y Cecilia.

Since 2008 he has been the artistic director for « Toulouse en Piste », an event around the emergence of new circus in Toulouse.

CO-PRODUCTIONS, PARTNERS AND SUPPORTS



COMPAGNIE CIRQUE EXALTÉ

Bvd Winston Churchill

72100 Le Mans - France

Phone : +33 (0)6 27 21 66 02

Email : [cirque.exalte@yahoo.fr](mailto:cirque.exalte@yahoo.fr)

Website : [www.cirque-exalte.com](http://www.cirque-exalte.com)





© Vincent D'eaubonne

**FURIEUSE TENDRESSE - 2014**

2nd company's creation - trio

Through the deafening crash of intense acrobatics and frenzied poetry, they celebrate liberty joyously, to a rock soundtrack. « Furieuse Tendresse » is a cry. An exhilarating performance born to express the intensity of life and of the instant. An invitation to experience human contact by way of the circus and extremes.



© Hélène Alline

**COYOTE - 2019**

A solo by Angelos Matsakis

Co-direction: Sara Desprez and Johan Swartvagher

On stage, a hundred or perhaps two hundred juggling clubs and one man all by himself facing this huge flood. He is convinced that he is be inhabited by the soul of a Native American and is determined to make him exists right here, right now, by his own means. "Coyote" is a tribute to all Native Americans' culture.





© Famille Morallès

### FOUTOIR CELESTE - June 2022 Creation

Performance under a big top - 7 circus artists and 1 musician

Ever since the company was founded and through every performance they created, Cirque Exalté's work has always been about the same crux : they give an invitation to follow our instincts, they encourage us to get rid of our barriers and throw them away to do what we really want to do and to be what we really want to be. An invitation to be exactly who we are, without any artifice, with sincerity and generosity.

In that show, they aim to get straight to the point : with a simmering energy they will talk about freedom with their heart and soul rather than with their brains.



© Vincent D'eaubonne

### COMPLÈTEMENT SWING ! - 2010 to 2016

First duet

Forty-five minutes of an overly high in vitamins circus and a mad poetry, directed by the accomplice duo of Nina and Pépin. The feat itself constitutes the dramatic resource of the show, however it is continuously mangled by Pépin being totally composed and Nina's madness.

© Leïla Philippe



EMILE  
SABORD

BUREAU D'ACCOMPAGNEMENT  
CULTURE • CIRQUE ET CLOWN

LOUISE ROY

PRODUCTION@EMILESABORD.FR

+33 (0)2 40 69 44 23

+33 (0)6 46 80 97 46



PRODUCTION EMILE SABORD

EMILE SABORD PRODUCTION  
8 RUE DE SAINT DOMINGUE  
44200 NANTES

[WWW.EMILESABORD.FR](http://WWW.EMILESABORD.FR)



EMILE SABORD